

YEA PRIMARY SCHOOL HEALTH PROMOTING SCHOOL POLICY

Reviewed: August 2007

PURPOSE:

- Our school aims, through all our activities and structures to assist our students, staff and other members of our school community to experience physical, social and emotional wellbeing.

BROAD GUIDELINES:

- To ensure that our physical surroundings are safe, pleasant, stimulating and environmentally responsible.
- To relate and communicate well with all members of our school community.
- For our school to adopt a broad, holistic view of health, including the social, emotional and physical dimensions.
- To participate with staff, students and their families in planning and carrying out health promoting initiatives.
- To access community resources to assist in our promotion of health.
- To provide an environment that minimizes health risks, with particular regard to shade provision and safety.
- Staff wellbeing is an integral part of Health Promoting School activity (physical, social and mental).

IMPLEMENTATION:

- Provide Personal Development, Health and Physical Education programs, which are integrated with student wellbeing.
- Provide regular supervised sessions of vigorous physical activity each week for all students.
- Actively encourage students to eat a healthy, well balanced diet in line with the Healthy Foods Policy and encourage students to be active through programs such as the Active After Schools Communities program.
- Provide fully equipped and well maintained first aid area, with qualified personnel available and ensure careful attention to practices and medications.
- To train staff in CPR and Level 2 First Aid.
- Use environmentally friendly products where possible.
- Address safety in all school activities, including sport, playground, practical lessons and school traffic environments.

- Provide programs that address major health issues, eg: Sunsmart, Seasons and swimming
- Implement the Student Wellbeing Handbook.
- Establish links with local health services on issues relating to the health of students and staff.
- The principal and/or staff Welfare Co-ordinator are :-
 - available for assistance on welfare
 - will conduct surveys to ascertain areas of concern
 - conduct staff welfare activities