Term 4 SRC Reps

02B Alana & Dustin
2SS Emeli & Josh
45F Leah & Ben
02P Sienna & Hugo
3M Mia & Ethan
56U Jade & Reed

What is KIDS MATTER?

Kids Matter is a mental health and wellbeing framework for primary schools and is proven to make a positive difference to the lives of Australian children. KidsMatter Primary provides the proven methods, tools and support to help schools work with parents and carers, health services and the wider community, to nurture happy, balanced kids.

Yea Primary School has embarked on our journey to become a recognised "Kids Matter School". Staff have begun professional development sessions for Component One which has a focus on building a positive school environment. Staff, students and families will soon be given an opportunity to give important feedback to the school. Surveys will be completed this term and they will be very helpful in deciding the goals we set for our school. We look forward to working together with staff, students and families to make our school even better!
Welcome back for another term at Yea PS. Many families have enjoyed a restful break and we are all looking forward to a busy and engaging Term 4. This is the final term for our grade 6 students and it will be very busy for them. Sal and the cast have the play for the production well under way and the students should all be learning their lines. The date for the performance is the 14th December at the Yea Hall and all students are expected to attend. Every child will be on stage performing for their friends and families. It is a fabulous night please put this date in your diaries and remember tickets sell very fast!

**Student Teacher**

Miss Bennett’s grade has a student teacher for the first two weeks this term. Thai is in his third year of training to teach children from 0 – 8 years.

**Young Men, Old Mountains Camp**

Andy has contacted the school concerned that some families have expressed an interest for their son to attend this camp but have not returned any forms to him. All interested families must get these forms to him ASAP as the camp is on the 24th of October.

**Carpet**

We have new carpet squares in the multi-purpose room and grade 5/6 U. We purchased them from McMats in Bayswater North. This company was fantastic to deal with giving us a great price and when they delivered the squares Tim from McMats stayed for two hours and instructed our team in how to lay the carpet. Thank you to Richard, Dean, Aaron, Greg, Luke and John who managed to get the two jobs completed in one day. Also James and Luke were the student helpers who work very hard all day and were a great help.

**Division Athletics**

On Tuesday nineteen students and Jo and I travelled to Meadowglen International Athletics Stadium to attend the Division Athletics. The weather all day was unpleasant rain, wind and even hail! However they persisted with the program and all events were run except for high jump which was far too slippery and dangerous for the children. This was very disappointing for those who were only in high jump and couldn’t compete. We are not sure how they will work out who will compete in high jump at the next level of competition. Jo and I were so proud of how our students coped with the conditions and all tried to the best of their ability. Well done to them all.

**Shopping Tour**

The day is getting closer when some people will have all their Christmas Shopping done! The bus will leave Yea PS at 7am and return at about 7pm depending upon traffic. There are seats still available, please support this school fundraiser.

**Sausage Sizzles Term 4**

The camp that had been booked for the 2016 Gr 3/4 Camp at Phillip Island went into receivership last month and we lost our $1500 deposit. As you can imagine this was very frustrating. Luckily we have been able to book another camp on the same days and will be able to run the same activities. To help recover some of the lost money the sausage sizzles for this term will support the Grade 3/4 camp. The dates for sausage sizzles are 13th October, 27th October, 10th November and 6th December. A note will be sent home each week. Thank you for your support.

Thanks

Deb

Reminder to all parents and visitors that the school grounds are a Smoke Free Zone
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The Lunch Club will be running again this term! The grade 5/6's will be cooking lunch for 1 or 2 grades each week. The classes it will be offered to will change each week. The food will be freshly made by the 5/6 class and as much as possible will use ingredients from the school garden.

Notes will be sent home the week before for students to order. The lunches will vary between soups, pasta dishes and rolls - depending on what's available, and we will be aiming to keep the costs between $3.00 -$5.00. Money raised will buy ingredients for the lunches plus support the garden.

The first few meals we are expecting to make will be a pesto pasta and a pumpkin soup from the garden - so stay tuned for yummy lunches!

Zanni and the Grade 5/6's...

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ELF Reading Day
Wednesday 12th October

ELF Reading Day is on again on Wednesday 12th October. All students will be participating and will need to dress up as a book character for the day. We will be walking down to High Street at 9:50 to start our groups at 10am. Shopkeepers and community members will be reading to the groups of students. Year 9 students from YHS are also participating. Our visiting author for the day will be Susan Berran who will be speaking with all students about being an author and an illustrator.
With a third of your child’s daily food intake consumed during school hours it makes sense to keep it healthy and nutritious. Diet plays a major role in everyday behaviour which can affect concentration, energy levels and general health.

**Here are lunchbox superfoods that are easy to include:**

**Yoghurt** – Active live cultures promote a healthy digestion and help ward off viruses and infections by boosting their immunity. Protein, carbohydrate, calcium and B vitamins make yoghurt a great lunchbox filler. Choose wisely though and go for a greek style, low sugar version rather than dairy desserts that are marketed towards children. These don’t offer much benefit at all.

**Tomatoes** – Rich in lycopene, vitamin C, E and beta carotene (all great antioxidants) tomatoes are easy to include on a sandwich, baked in a savoury meal or just cherry tomatoes on their own.

**Blueberries** – A great source of vitamin C, dietary fibre and super high in antioxidants, the blueberry falls into the low G.I. category (which measures how quickly carbs are released into the body as energy) which maintains stable blood sugar levels.

**Wholegrains** – Protein for body building, carbs for energy, fibre for a healthy digestion and essential fats, vitamins and minerals...what a wrap! Wholegrains offer a slow release of energy which is great for kids to sustain their levels throughout the day.

**Eggs** – Terrific brain food for children, eggs are high in protein (memory and concentration levels) and lecithin which encourages the speedy transfer of body fats into energy. They are quick, easy and have their own natural casing. Egg on wholemeal, a boiled egg or included in bakes such as a zucchini slice are ways to embrace the egg.

**Avocado** – Full of good fats, avocado’s are full of fibre which helps stabilise blood sugars while vitamin E protects cells against free radicals. Try as an alternative to butter on sandwiches or mash and store in a container as a dip with wholegrain crackers.

**For more ideas and Info:**
Victorian author/illustrator, Susan Berran is visiting schools to ignite & encourage the enjoyment that reading can give. Susan served 10yrs in the Aust’ Army before becoming a Mum and returning to writing. Pre to Upper Primary

The FLUFF BUTT Books. Join this funny & sometimes very smelly puppy on his adventures. A fun & engaging series that small children are sure to love. RRP$8.99 Ages 2 - 7

The YUCKY DISGUSTINGLY GROSS IKKY SHORT STORIES. Each book with 5 or 6 short stories built for fast laughs to kick-start even the toughest non-reader. Gross, absolutely hilarious these will leave kids grimacing for more.
The FREAKY Series. Are a wonderful mixture of hilariously gross content & freaky adventure. RRP$16.99 Ages 7 - 70

The books have proven themselves very popular, in particular with those children that are ‘reluctant readers’.

**SCHOOL AUTHOR VISIT DISCOUNT .. PERSONALLY SIGNED .. approx’ 20%+ OFF RRP 1 WEEK ONLY**

Hi everyone ..
Thanks for allowing me the opportunity to visit your children’s wonderful school.
I thoroughly enjoy the chance to engage with & hopefully excite children to reading and writing.

Personally Signed book/s are Available During Visit & Approx’ 1 week Before & After at a special ‘School Visit’ price.

  + **FREE Yoyo Ball** [2 with 5bks]  + **FREE Bookmarks**  + **FREE Post to your school**
(Yoyo’s can also be purchased separately .. see Web Page)

**Buy 4 books & the 5th Book is 1/2 price or Buy 6 books & the 7th Book is FREE**

[*Not to be used in conjunction .. *One Discount Offer Per Order ]

* Web-Orders placed before my visit will be handed out on the day
* Cash or Cheque to Susan Berran will also be accepted on the day
* Not everyone likes to pay online .. so please email me if you wish to pay via cheque or direct deposit after my visit

* Please go to - [http://www.susanberran.com](http://www.susanberran.com) - ‘BUYING BOOKS + YOUR SCHOOL!’ .. to place your order … or for Prices

Outside Author Visit purchases can be through my Web-Site. However I cannot offer the same ‘School price’ due to postage etc

Please don’t hesitate to email me should you have any queries ..

Thankyou .. Susan  samberran@bigpond.com

**FREE Yoyo with Book Order 2 with 5 Books**

Also available in all good Bookstores

Prices subject to change May 2016
Leave Yea
7:00am

Morning tea provided
Coffee/Tea/Biscuits
8:55am - 9:10am

Shop 1
Arrival time 9.10am - 9.50am
FOOTSCRAY FASHION BAZAAR
2D Indwe Street
Footscray
(New giant warehouse that has men's, ladies & children's fashion)

Shop 2
Arrival time 10.10am - 10.40am
THE LINEN FACTORY
17 Charles St
Brunswick

Shop 3
Arrival time 11.00am - 11.40am
BAMBIS
1-9 Moreland Rd
East Coburg
(Stocking the latest decorative items for your home as well as stylish kitchenware S & P and Curtis Stone)

Shop 4
Arrival time 12.05pm - 12.35pm
TOYWORX
2/87 Newlands Rd
Reservoir

Shop 5
Arrival time 1.00pm - 1.30pm
NATIO
110 Dougharty Rd
West Heidelberg
(Fantastic gift packs, make up, body lotions, fragrances and all your favourite NATIO ranges)

Shop 6
Arrival time 1.50pm - 2.20pm
ROSS'S NUTS
65 Chifley Drive
Preston
(A huge selection of pre packaged and imported nuts, lollies, chocolate and spices)
Shop 7
Arrival time 2.30pm - 3.00pm
DI FERRARI
262 Darebin Rd
Fairfield
(Discounted contemporary, comfortable and current heels, flats, boots, sandals, accessories and women’s clothing)

Shop 8
Arrival time 3.05pm - 3.35pm
SPORTING HOUSE DIRECT
185 Grange Rd
Fairfield
(Clearance warehouse for Diadora.)

Shop 9
Arrival time 4.00pm - 4.30pm
BONDS RICHMOND
221 Bridge Rd
Richmond

Shop 10
Arrival time 4:35 - 5.05pm
SIRRICO
233 Bridge Rd
Richmond

Champagne and nibbles provided for the trip home.

BACK TO YEA
Arrival time approximately 7pm
THE MAD Make a Difference

BILLY KART DERBY

Open Class Race Prizes

1st $500
2nd $250
3rd $100

Trophies & Prize Giveaways

Kids Entertainment Live Bands!

Location

Yea Train Park, Station Street Yea

Time

11.30am
- Lunch
- Race Cart Introductions
- Presentation of School Charity Causes

1.30pm
- Schools race: Grade 3 & 4
- Schools race: Grade 5 & 6
- Open class race

* Registration forms available at local community centres and participating schools.
Yea Primary School Shopping Tour 2016  
Saturday 15th October

**This year’s shopping tour includes;**
- Quality local coach with a built in urn provided by Seymour Coaches
- Coffee/tea and biscuits provided at morning tea
- Hand picked quality shops—list available from school office
- Complimentary champagne on the trip home

BYO lunch/drink

$50 per person will secure your seat.

Please feel free to invite family and friends as this is a fantastic fundraiser for our school and a great opportunity to get Christmas shopping sorted and have some fun along the way!

Any further questions please contact either Jo or Fiona in the office - 5797 2724

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**Inspired by**

Registrations for Murrindindi Little Athletics now open!

*If you would like your child to develop basic coordination and athletic skills, have fun with friends, be outside and getting fit, sign them up! 1 free trial session available*

Young athletes must be 5 (and not over 15) by October 1st

Registration is online— [www.lavic.com.au](http://www.lavic.com.au) — click on ‘find a centre’, enter postcode 3714, search, then Join!

Season starts:

**8.45am Saturday October 8th - Induction Day**

**October 15th** - full program

Any questions, call Lee 0437341290 or registrations

Bill 0400882229 email  [murrindindi@lavic.com.au](mailto:murrindindi@lavic.com.au)


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**We are currently taking enrolments for 2017**

- 4yo Kindergarten Program
- 3yo Kindergarten Program
- Long Day Care

Our 2017 Centre Information Booklet, Fees & Operational Information will be available later this year once enrolment numbers are confirmed.

Enrolment forms can be collected from the Centre.

Please see Leesa in the office.
St Luke's Kids' Club

Every Wednesday
in term time
Starting in Term 2
For Primary School Students

Hear the wonderful stories from the Bible
Enjoy craft activities
Play some games
Sing some songs
Munch on a snack

What: Wednesdays 3:30 to 4:30 pm, starting Wednesday 13th April 2016
Where: St Luke's Church Hall.
Students will be collected after school and walked to the hall.
Free
Application forms available at the school office
Return forms to school or place in an envelope marked "Kids' Club" and drop into red box in St Luke's Church (right-hand side through glass doors).

Come and join in the fun!

Joy Clayton, co-ordinator

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Join our local walk

Saturday October 8
From 6pm
Yea Railway Park, Station Street
Yea

For more information contact Val on 0429 346 257 or visit: https://lightthenight.org.au/event/yea

Search: Yea Light the Night for Leukaemia Foundation

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Book Start a Fundraiser
10" x 15" Photo and Frame

> Don’t miss this great opportunity to update your family photos
> Choose your time, book & pay online
> Craft bookings also welcome
> 100% of booking fee raised for school
> Families, classmates, couples, all welcome
> Share the fun with friends and family – everyone’s welcome!

$15 Photo Fundraiser

Yea & District Children’s Centre

Booking Information

Yea & District Children’s Centre

$15 for 10" x 13" Photo and Frame

Choose either an Indoor or Outdoor photo shoot

Date: Saturday 1st October, 2016

Book online at: www.yebbooking.com/MUSIC

Cash Bookings: hand $15 to the office

Bookings Due by: Friday 7th October, 2016
Clinical Provisional Psychologist Jamie Byrne has studied the impacts of lifestyle choices, including technology, on our sleep patterns as part of her thesis with Swinburne Uni. Come listen to her talk about the varying sleep needs in your family and how they can be met.

Who: Parents, teachers and anyone interested in sleep
When: 6.30pm – 8.00pm
Where: Yea Shire Hall
Date: 11.10.16
RSVP essential: miller.diane.n@edumail.vic.gov.au

There is no cost for this event as it has been fully funded. A light supper and tea/coffee will be provided.